

Kinder News

Week 4, Term 1, 2020

What a wonderful start to school. We have found that rest day mid-week is doing wonders for the children's concentration and focus for Thursday and Friday! Thank you to those who have already been along to their Wednesday testing. We still have one more Wednesday off until full weeks begin in Week 5.

NOTICES

Second Hand Clothing Pool

The school second hand clothing pool is open every Monday and Tuesday morning from 9am - 10am. Betty is situated upstairs at the end of the Multi-Purpose Room (Music Room) and has all our uniform pieces available. The clothing pool is ideal for second sets of hats and jumpers - as all items are \$5 but still is quite good condition.

Teary Drop Offs

It is very common that some children are still quite teary at morning drop off, especially as the assembly area is quite chaotic and full of people around the bell. Please know, that if you child is upset when you hand them over, unless you hear from us, they do settle right down fairly quickly and go on to enjoy a lovely day. Some might come home saying that they were sad all day, but please be assured that we do check in with them across the day and would let you know if they were having trouble finding joy at school. See our Tip of the Week for ideas to help you and your child combat teary mornings.

IMPORTANT DATES

Gymnastics - will start next week & run for 4 weeks. There is no need for a uniform change.

Kinder Home Learning Workshop - Thursday 20th February in the Music Room at 3:30pm OR 5:30pm.

Full Weeks - As of week 5, your child will come to school from Monday to Friday.

NURSERY RHYMES

Rhyming is so beneficial to your child. It teaches them how language works and helps them notice and work with the sounds within words. They learn to **experience the rhythm of language** and as they recite nursery rhymes they learn to speak with animated voices. Someday they'll read with expression, too.

When children are familiar with a nursery **rhyme** or **rhyming** book, they learn to anticipate the **rhyming** word. This prepares them to make predictions when they read, another important reading skill. Rhyming also prepares children for **writing**, as they soon recognise that common sounds share common spellings such as cat, bat, mat etc.

Finally, **rhyming is fun!** So, get rhyming with your child.

TRANSITION

You may have noticed by now that your child is showing signs of tiredness toward the end of the week. While children may have come from day-care with longer hours, we do find the transition to school still takes a toll on them emotionally and physically. Your child may be more tired than usual, falling asleep in the afternoons, they may be less tolerant of siblings and seem frustrated by routine activities that haven't been a problem previously. Below are some strategies that have worked for parents in the past to combat these emotions:

- Changing around the routine to get morning jobs done the night before
- Setting up stimulating activities for when they get home to keep them occupied before bedtime routine
- Having dinner prepared and in the fridge ready to get out and heat up
- Bringing bedtime earlier to allow them more sleep needed to get them through the day
- Giving them a filling, nutritious afternoon tea to tie them over until dinner
- Using a pictorial timetable to have a visual outline of their expectations of a morning and of a night